



Pursuit Soccer Club-Spring 2008 Training Schedule Mar 31 – May 23 Curriculum Plan

Times	Monday	Tuesday	Wednesday	Thursday
5:00 - 6:30	97 Blue - Ricky 97 White - Kyle Skills Academy I Youth –Joelle/Brian Academy Keepers - (5:30-6:30) - Kevin	96 White – Kevin 96 Blue - Kyle Skills Academy I Youth – Ricky, Amy B	97 Blue – Ricky 97 White - Kyle 99 PDF Academy – Scott Skills Academy I Youth - Brian	96 White – Kevin 96 Blue – Kyle Skills Academy I Youth – Amy B.
6:30 - 8:00	95 Blue - Scott 94 Blue – Amy P. *** Skills Training – Kyle/Joelle/Brian	94 Black - Kyle Skills Academy II – Ricky Keepers I - Kevin *** Skills Training – Amy B.	95 Blue – Scott 94 Blue – Amy P. 98 PDF Academy - Kyle ***Skills Training – Ricky	94 Black - Kyle Keepers II – Kevin *** Skills Training – Amy B.
8:00 - 9:30	92 Blue – Amy 93 Blue - Kyle 94 White – Scott	91 Blue – Kevin 90 White - Kyle 90 Lightning – Amy B.	92 Blue – Amy 93 Blue - Kyle 94 White – Scott	91 Blue – Kevin 90 White - Kyle 90 Lightning – Amy B.

Curriculum Plan – Monday/Tuesday Sessions will be team specific topics based on match analysis/trainer-coach analysis of areas needed for improvement, team specific. *

Wednesday/Thursday Sessions will be theme focused activities on the topics below. Each team will be working on the same theme based activity for the respective month, however, individualized topic under the theme will be tailored to the level of team/age of players/and needs of the side. *

Themes

March-Attacking

Priority Areas to consider: Principles of Attacking-Penetration, Support, Mobility, Width, Depth, Improvisation, Possession, Safety v Risk, Combination Play, Transition to Attack, Attacking Restarts, etc.

April/May - Team Management/Evaluation/Preparation for Cup