

Greetings PSC!

A very short BLAST, but some key info! As we near the kickoff of Spring training season, please remember it is COOOOOOLD outside!!!!!! Please make sure the girls wear the appropriate clothing, and be sure to check the air in their soccer balls!

We kickoff Spring training on Monday Jan 19th, and have a busy 2 weeks of soccer to open the Spring season! Also, be on the lookout for volunteer information to help out with the Pursuit Winter Warm up!

HS players, dont forget, your HS training session will be on either Wednesday or Thursday evening from 8:00-9:30. Each week we will focus on something different and specific, with the first week being some fitness and flexibility activities designed to decrease injury. We want to provide activities that will help you become a more complete player over the next 3 months during your HS season, and keep you in top form.

As always, please let us know if you need anything, and we look forward to seeing you on the field soon!